

in establishing effective measures to prevent this crime, identifying and rescuing victims and supporting them on their road to rehabilitation.

Many victims of human trafficking have experienced ignorance or misunderstanding in their attempts to get help. They have had traumatic post-rescue experiences during identification interviews and legal proceedings.



Awareness on Anti Human Trafficking

Some have faced victimization and punishment for crimes they were forced to commit by their traffickers. Others have been subjected to stigmatization or received inadequate support. The program commenced with signature campaign in which the students of the college affirmed that they would fight human trafficking. The program was inaugurated by the principal of the college Dr. Sr. Sagayamary who emphasized on the theme of the year and exhorted the students to be aware of the challenges and dangers ahead of them. The speaker of the day Mr. William Christopher, Associate Director and Head of Government Relations at International Justice Mission provided life –challenging examples of trafficked victims and enlightened the students on human trafficking during the pandemic. Ms. Fatima Begum IPS was invited for the program but she was unable to attend it; however, she sends a video message to be displayed during the program. Sr. Germina Melly from 'Wings' felicitated the gathering and gave a thought provoking message. In the message she specially exhorted the students to say no to drugs and secure their life. Certificates and cash prizes were distributed for the winners of Video making competition and pencil sketching were organized for the students in collaboration with 'Wings'.

-Sr. Deepa, Department of Social Work

INDEPENDENCE DAY CELEBRATION

On the 15th of August, 2021, the 75th year of Independence from British rule was commemorated at

the college grounds with great zeal and patriotic fervor by the staff and students.

The program began with the chief guest, Rtd. Colonel Sebastian Kumar, hoisting the national flag on this momentous occasion. The chief guest addressed the audience, appealing to their patriotism and encouraging them to be proud to be Indians and to carry out their responsibilities. He also underlined the importance of youth today as the country's actual asset.



Releasing the College Newsletter

This was followed by a march past by the NCC unit, patriotic songs, and skits that brought everyone's feelings for the nation to the surface. It was, indeed, a joyful day, a day to love and appreciate our nation, and to work to make it a better place for Indians to live and experience freedom, peace, and unity in diversity.



Rtd. Col. Sebastian Kumar hoists the flag

The College newsletter was also released on the same day by our esteemed Chief Guest.

-Mr. Hemanth, Department of Commerce

SADBHAVNA DIWAS

Sadbhavna Diwas was observed on the 20th of August. One of the greatest leaders of India, Rajiv Gandhi was born on this day.



Observation of Sadhbhavana Diwas



Paying tribute to the Father of the Nation

Gandhian ideas of sustainable development are the only way out was said in her speech and followed by pledge and finally the program was concluded by singing national anthem.

-Ms. Nirmala Gladies, Department of Social Work



On 18th August 2021, under the guidance of our Principal Dr. Sr. Sagaya Mary, and Dr.Lt. C. Balakrishna the SadhbhavanaDiwas was observed in our college, with students being enlightened about the significance of the day. Dr.Lt.Balakrishna spoke to the students and Dr.Itigi addressed the students in Kannada. Our Principal Dr.Sr. Sagaya Mary gave a greater insight on how important it is for us to know about the day. Overall it was a day that began with greater learning of our past and of our responsibilities to be taken care for the future.

-Dr. Lt. Balakrishna, Department of Hindi

GANDHI JAYANTI CELEBRATION

Aloysians celebrated Gandhi Jayanti on second of October along with Principal Dr. Sr. Sagayamary. B , Vice principal Rev. Fr. Vinno Fabian, staff and the students. The college decided to celebrate the occasion of Gandhi Jayanti with splendour. A simple program was planned at the Degree College main entrance. We started the program with the dignitaries lighting the lamp followed by the Principal and Vice Principal placing flowers near Gandhiji's photo to pay their tribute. A Speech on Mahatma Gandhi was given by a student and we had our Principal talk on the importance and the upliftment of the values and ideas of Gandhi among the students as well as mentors in this world of greed and unhealthy competition.

WORLD MENTAL HEALTH DAY

Mental health in an unequal world.

The World Mental Health Day is observed worldwide on 10th October. In our college a program for the same was organized on 12th October 2021. The host for the day was Galvin from the Department of Psychology. Prof Nikhath Seema, the Head of the Department of Psychology highlighted the theme of the day. The speaker was Fr. Arun Santhosh. He is a counselor for the youth and family in the Archdiocese of Bangalore.



Address on mental health in an unequal world

He briefly spoke about mental health in an unequal world with the help of pictures and videos. This wouldn't have been a successful event without the support of our Principal Dr. Sr. Sagayamary SJT, Vice Principal Fr. Vinoo Fabian and the Head of the Department of Psychology Prof Nikhath Seema.

-Prof Nikhath Seema, Department of Psychology



CELEBRATING ST ALOYSIUS FEAST

Feast of our patron Saint St. Aloysius Gonzaga. The Feast of St. Aloysius Gonzaga patron saint of St. Aloysius institutions was celebrated on 21st June 2022.



A Solemn mass was celebrated by the new manager and correspondent Rev. Fr. Antony Mahendran and Rev. Fr. Vinoo Fabian was the concelebrant.



The mass was attended by the staff and catholic students of St. Aloysius Institutions, after the mass sweets were distributed to all the students. Lunch was served for all the teaching and non-teaching staff.

- Prof. Zeena Lobo

Department of Commerce & Management

CELEBRATING 125TH BIRTH ANNIVERSARY OF SUBHASH CHANDRA BOSE

'Give me blood and I will give you freedom' - The famous words from the founder of Azad Hind Fauj (INDIAN NATIONAL ARMY INA) The patriotic cadets of St. Aloysius Degree college did not forget to pay homage to our beloved Netaji, on his 125th Birth Anniversary On 23rd Jan, 2022.

There was a small program organized by the College NCC unit and Department of Sports under the able leadership of our ANO Dr. Lt. Balakrishna. The program started with lighting of the lamp, which was then followed by patriotic

songs and a speech that were filled with full of vigor and enthusiasm by our lieutenant Balakrishna followed by the speech by Our esteemed principal who enlightened the minds of all with a thought provoking message. JAIHIND.

INTERNATIONAL YOGA DAY

St. Aloysius Degree College always provides ample opportunities for students to participate in curricular and extracurricular activities. On 21 June, 2022, St. Aloysius Degree College Cox Town Bengaluru celebrated International Yoga day. The word Yoga is derived from the Sanskrit root, YUJ meaning "to yoke" or "to join" it's the spiritual process of joining. Atman to Brahman or one's individual spirit of god. Yoga is etymologically related to the English word YOKE thus its means, "a setting to work" or the pursuit of a goal and can be translated as "Path"(way) or "discipline".

Yoga is a form of exercise that originated in ancient India and is practiced widely across the world today. Yoga not only enhances your physical strength but also contributes largely towards your mental health and spiritual growth. On 21st June 2015, World Yoga Day was observed for the first time across the world and has since been celebrated annually. Yoga not only keeps you fit but also has a lot of long-term benefits when you make it an integral part of your lifestyle.



**St. Aloysius Degree College & Centre
for PG Studies
Cox Town | Bengaluru - 560005**



21st JUNE
INTERNATIONAL
YOGA
DAY

Theme:

"YOGA

FOR

HUMANITY"

**Venue: College Ground
Time: 7:15am to 8:15am**